

## **FOOD DISTRIBUTION EXERCISE**

### **Preamble :**

Due to continued drought and lack of water, Families in the lower zones of Meru County continue facing food challenges. Many families in these areas are sleeping hungry for even two or three days. This is due to lack of rains in the last planting season and erratic rains and unreliable rains in the previous seasons. The communities' members in the areas mainly depend on rain fed agriculture and many of them are peasant farmers. This has left them depend on crop yield for a livelihood.

The cost of leaving as gone up and the most of the commodities are out of market and when available the prices are doubled. By the time we were making the request, a Kilogram of Beans was costing ksh 90 but current cost stands at 150/= and it is very scarce. All other commodities cost have also gone up.



Food distribution exercise going on at Twarama.

The situation is bad and the family members are moving out in search of casual work thus children drop out of school in search of food and casual work, Many school going children are looting in market places /shopping centers to feed on the leftovers/remains from hotels and shops. This is makes them drop out of school.



In the above photos are some of the young mothers we are working with receiving the food.

Those children in school, there has been several cases of children fainting in assembly and class and when they are asked, they say they have not had food for some time.







Parent meeting at Rii and Lailuba primary school during the food distribution.

The focus was more on schools as many children from these families are in these local schools. There was an opening for the elderly and the children under five to go to the school and eat if they have no other option,

### **Appreciations**

CIFORD Kenya family wish to thank you Cathy and entire team of TGUP for the support towards this initiative. This is a project which has touched the lives of majority of the people in the community. We have had community appreciate the support and the hope given to them was seen on their faces. The children could be whispering that they are happy that the food is going to their school. The community members have been so happy to receive the food for the schools. The joy is all over the children as many of them sleep hungry, thank you all for making this happen.